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metroCITIES

Your essential daily news | TUESDAY, APRIL 18, 2017

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Tammy Gillis as Claire
in Menorca, directed
by John Barnard.
STEVEN K. JOHNSON

FUTURE of FILM

Winnipeg-based director weighs in for Canadian Film Day
metroNEWS

Hundreds forced from their homes

WEATHER

Red Cross helping six First Nations hit by flooding

Rising ice and flood waters have forced hundreds of people from their homes in Manitoba.

Jason Small of the Canadian Red Cross says 107 people from the Opaskwayak Cree Nation are being temporarily housed in hotels in The Pas about 500 kilometres northwest of Winnipeg.

He says another 325 people were evacuated from their homes earlier this month from five other First Nations.

Manitoba forecasters issued a flood warning on the weekend for some areas affected by ice jams on the Carrot and Saskatchewan rivers.

The province says water levels were going down in some rivers until storms dumped about 25 millimetres of precipitation on the weekend.

Small says the evacuees are being provided with lodging, food and other living expenses.

"We are doing this on behalf of the federal government and supported by them," Small said Monday.

The other First Nations affected include the Peguis near Winnipeg, the Sioux Valley and Canupawapka Dakota near Brandon, the Waywayseecappo near Russell and the Long Plain near Portage la Prairie.

Manitoba says it issues warnings when rivers or lakes are expected to exceed flood levels within the next 24 hours.

There was no immediate word on when people might be allowed to return to their homes.

THE CANADIAN PRESS

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Social media front lines

PUBLIC ENGAGEMENT

Veteran police spokesperson reflects on force changes



Braeden Jones
Metro | Winnipeg

During eight years as a de facto spokesperson for the Winnipeg Police Service (WPS), Const. Jason Michalyshen saw many things change.

For instance, when he first transferred into the public information office (PIO) in 2008, the service was "not on social media whatsoever."

"From the PIO standpoint, we were pretty much engaging the public directly through the media," Michalyshen said. "People would sign up to receive WPS news releases directly to their e-mail, that was the start of reaching out to the public directly."

From there, things picked up speed quickly as Michalyshen was on the front lines during a massive shift in the way police



Const. Jason Michalyshen has seen many things change over his eight-year tenure as a Winnipeg police spokesperson. BRAEDEN JONES/METRO

interacted with citizens.

"Before you knew it, we began that process of engaging the public through social media, mainly through Twitter, now Facebook and other forms as well," he said, explaining that today, the WPS leverages the digital platforms in an increas-

ingly open manner. "There's no question we live in a world now where people are very hungry for information."

The official @wpgpolice Twitter account is followed by more than 97,000 people, more than 9,000 follow the service on Facebook, and the WPS YouTube

channel has attracted more than five million views.

And Michalyshen also pointed out that the WPS social media activity, which was more rigid to begin with, is "not a one-way street anymore."

"It's a two-way street now and it's about engaging with

the public, having conversations," he said.

"Not only are we pushing information out, but people are reaching out to us."

Amber alerts, photos of people of interest to important cases, missing person notices, and pictures and videos that celebrate the extra work police officers do in the community — from serving food to the homeless to teaching kids to skate — was all shared widely and instantly on social media under his watch.

After serving the PIO office longer than anyone in the post before him, Michalyshen is transferring into a new position on a joint unit with members from both Manitoba RCMP and WPS in a role that involves crime analysis. From "high profile to less visible," as he puts it.

For his successors, Michalyshen hopes they continue to focus on carefully enhancing the service's relationship with both the public and media.

"It's about just ensuring we're out there, working hard, and they fully understand what we do, why we do it," he said. "If they don't have that, we need to share more."

HERITAGE

Historic property sold to school

Through a land deal finalized with the city last week, a private language school is expanding to keep up with international student growth.

Council's property and development committee has approved the \$1.7 million sale of 280 William Ave., a two-storey city-owned heritage building in the Exchange District, to Heartland International English School.

The school, currently located just down the street at 292 William Ave., needed the extra space, according to president Gary Gervais.

He said a good chunk of the boost in business came as the school shifted its marketing messages abroad to focus not only on its programs, but on "getting people to choose Winnipeg."

"On enrolment, we've grown over the last couple of years, on a percentage basis from last year we're probably tracking for being up by about 45 per cent," said Gervais.

BRAEDEN JONES/METRO

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The sobering reality of funding outreach efforts

INSIDE THE PERIMETER

Shannon VanRaes



In hindsight, letting an intoxicated stranger into our car was a mistake. But after years of nightcrawling, both my partner and I knew what could happen to a disoriented or incapacitated individual in Winnipeg's downtown. This strange man claiming to be from Saskatchewan, as belligerent as he was, could easily become a victim of robbery, assault, the elements or worse.

So seeing that no cab would take him and not wanting to bother law enforcement with yet another disturbance in the early hours of Sunday morning, we agreed to drive him back to his hotel. There was only one problem — he couldn't remember what hotel he was staying at.

He thought it might have green lights and was pretty sure his wife was going to kill him, but couldn't tell us his own name and five minutes after we began driving loops — hoping he would recognize the no-doubt fine establishment he was lodged at — he began punching things. Maybe it was luck, maybe it was divine intervention, but moments later the drunk Saskatchewanian cried out in joy, incoherently pointing to an establishment on Portage Avenue. He was promptly disgorged from our vehicle. We were left with was an unpleasant odour, a strong sense of relief and a massive appreciation for the work done by emergency responders and social agencies that assist intoxicated individuals on a daily basis.

But now people who work with those under the influence, enforce the intoxicated person's detention act or provide addictions outreach may have fewer resources at their disposal. After much speculation and layoffs

of some part-time employees, the Intoxicated Persons Detention Area at Winnipeg's Main Street Project — often referred to as the "drunk tank" — could be forced to close during daytime hours. According to media reports, it's been operating with an annual shortfall of about \$100,000 for the past seven years.

It's a shocking revelation, not just because the Intoxicated Persons Detention Area is integral to ensuring public safety and connecting those struggling with addiction to resources, but because the news comes only a week after the provincial government announced it will close three of the city's emergency rooms. Without the option of transporting people to the detention area a greater burden will no doubt be placed on emergency rooms as expensive hospital resources are diverted to individuals who, at that moment, just need a warm, safe place to sleep it off. Likewise, the already crowded Winnipeg Remand Centre could be placed under further stress as police are forced to take people into custody, rather than delivering them to a social services agency.

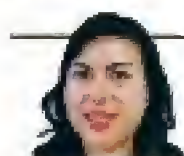
Neither the City of Winnipeg — which redirects funding to the organization — nor the provincial government have jumped to up to assist the Main Street Project. The deafening silence around the issue reveals a total lack of communication, an absence of concern for vulnerable community members and a total inability to understand how a compassionate and integrated health care system is also a fiscally responsible one.

Simply put, properly funded outreach programs save police and health care institutions time and money, while also providing the non-criminalized support that actually helps to transform lives. And that is a sobering thought — one both the province and city need to consider.

Project reveals stories behind favourite picks

PHOTOGRAPHY

Strangers explain why they cherish their chosen things



Jessica Botelho-Urbanski
Metro | Winnipeg

Winnipegger Adam Carroll wants to know: What's your thing?

The 28-year-old video producer took on a photography project recently called Most Prized Possession.

On his website and social media, he features portraits of people with their favourite objects and short write-ups about why they cherish their chosen things.

From a foil balloon to a hula hoop, there's no telling what someone else might choose, which adds to the project's intrigue.

"It doesn't have to be something that someone else would necessarily find sentimental or even necessarily understand," Carroll said. "But I think that's part of the interesting thing about this is just kind of seeing how other people tick."

Carroll said he's a fan of all things

old, rarely venturing into an antique shop or flea market without wanting to buy something.

But despite coming up with the idea, he hasn't figured out what his own Most Prized Possession is yet.

"I think that's part of the motivation of (the project). It's kind of seeing how people choose their items and the stories," Carroll said. "I don't think there's one single thing that I could choose. I've been trying to come up with it and I haven't been able to."

If you want to show off your favourite object in a photo essay, Carroll encourages you to get in touch via his website: mostprized.com.



JILL

Jill chose her record collection "because music has been a strong influence in my life. It's led me to some of the best people I know, and has given me some of the best memories."

ALL PHOTOS COURTESY ADAM CARROLL



TESIA

"My item is a California Raisins balloon that was given to me on the day I was born in the hospital, with a little cross stitch of the information of the day I was born, and it's been inflated ever since."



CODY

"It's the first piece of art I made in high school that I didn't immediately hate, and one of the few I can still look back on and just appreciate for what it is without nitpicking it apart."



KYLEE

"My item is the last gift that my dad gave to me before he passed away, and it is a Chamois gift card for a car wash... It was just something that I've saved and that I've kept close to me that reminds me of him every day."

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First for 'river piracy'

YUKON

Once-raging Slims River now shallow and nearly dry

Scientists have witnessed the first modern case of what they call "river piracy" and they blame global warming. Most of the water gushing from a large glacier in northwest Canada last year suddenly switched from one river to another.

That changed the Slims River from a three-metre deep, raging river to something so shallow that it barely was above a scientist's high top sneakers at midstream. The melt from the Yukon's Kaskawulsh glacier now flows mostly into the Alsek River and ends up in the Pacific Ocean instead of the Arctic's Bering Sea.

It seemed to all happen in about one day — last May 26 — based on river gauge data, said Dan Shugar, a University of Washington Tacoma professor who studies how land



The ice-walled canyon at the terminus of the Kaskawulsh Glacier, with collapsed ice blocks. The canyon now carries meltwater toward the Pacific Ocean. JIM BEST/THE ASSOCIATED PRESS

changes. A 30-metre tall canyon formed at the end of the glacier, rerouting the melting water, Shugar and his colleagues wrote in a study

published in Monday's journal *Nature Geoscience*.

The term "river piracy" is usually used to describe events that take a long

time to occur, such as tens of thousands of years, and had not been seen in modern times, especially not this quickly, said study co-author Jim Best of the University of Illinois.

The scientists had been to the edge of the Kaskawulsh glacier in 2013. Then the Slims River was "swift, cold and deep" and flowing fast enough that it could be dangerous to wade through, Shugar said. They returned last year to find the river shallow and as still as a lake, while the Alsek, was deeper and flowing faster.

"We were really surprised when we got there and there was basically no water in the river," Shugar said of the Slims. "We could walk across it and we wouldn't get our shirts wet. It was like a snake-shaped lake rather than a river."

What had been a river delta at the edge of the Slims River had changed into a place full of "afternoon dust storms with this fine dust getting into your nose and your mouth," Best said.

THE ASSOCIATED PRESS

TRAVEL

Air Canada apologizes for bumping boy from flight

Air Canada has apologized to a Prince Edward Island family after the airline bumped a 10-year-old boy from a flight.

Brett Doyle booked four tickets from Charlottetown to Costa Rica for his family last August.

A day before their March break vacation, Doyle said he tried to check in his family online, but he could not select a seat for his son.

After hours on the phone with Air Canada, Doyle's wife drove to the airport and was told the flight was oversold and their son had been bumped.

The family then drove to Moncton to catch a different Air Canada flight to meet the Costa Rica flight in Montreal, but when that flight was can-



Shanna and Brett Doyle are seen with their sons, Cole, 10, and Simon, 8. CONTRIBUTED

celled they were forced to drive to Halifax and stay in a hotel.

Air Canada said in an email it has apologized to the Doyle family. THE CANADIAN PRESS

IN BRIEF

United changes policy

United Airlines is changing a company policy and will no longer allow crew members to displace customers already onboard an airplane.

The change comes after a passenger, Dr. David Dao, was dragged from a fully-booked United Express flight in

Chicago because he refused to give up his seat to make room for crew members.

Under the change outlined in an internal April 14 email, a crew member must make must-ride bookings at least 60 minutes prior to departure.

THE ASSOCIATED PRESS

Hotter summer, bigger fire risk

Nearly a year after the massive wildfire that devastated Fort McMurray, Alta., a climate scientist says there may be more forest fires in Canada this summer.

"If the forecast's right that it's a warmer than normal summer, we'll probably have more fires," says Mike Flannigan, a meteorologist and professor in

the University of Alberta's renewable resources department. Flannigan says there are about 7,000 forest fires a year in Canada on average. But that number can vary depending on the weather. Warm temperatures mean a longer fire season, and more susceptible conditions. Forest fires are usually triggered either by lightning or

by human activity.

But Flannigan says there's an increased risk of both kinds of fires in warmer weather, particularly in climates that are also dry and windy. A warm summer also means a longer fire season, he says. Fire damage is typically worst in mid-summer in July.

THE CANADIAN PRESS

CLEVELAND

Police baffled by killing posted on Facebook

In a rambling video, Steve Stephens said, "I snapped. I just snapped." But as the manhunt dragged on Monday for the man accused of posting Facebook footage of himself killing a Cleveland retiree, police were unable to explain what set him off.

"Only Steve knows that," Cleveland police Chief Calvin Williams said as authorities posted a \$50,000 reward for Stephens' capture in the shooting of Robert Godwin Sr., a 74-year-old former foundry worker.

In the video, Stephens blamed a former girlfriend he had lived with, saying he woke up last week and "couldn't take it anymore." But in a statement Monday, the woman shed little light on what might have gone wrong and said Stephens was good to her and her children.

As for the shooting victim, Godwin appeared to have been selected at random, gunned down while picking up aluminum cans Sunday afternoon after spending Easter with some



Steve Stephens CLEVELAND POLICE

of his children.

A manhunt that started in Cleveland's gritty east side expanded rapidly into a nationwide search for Stephens, a 37-year-old job counsellor who worked with teens and young adults, police said.

"He could be nearby. He could be far away or anywhere in between," FBI agent Stephen Anthony said.

Law enforcement officials said his cellphone signal was last detected on Sunday afternoon in Erie, Pa., about 160 kilometres

east of Cleveland.

Police reported getting dozens and dozens of tips, and nine schools in Philadelphia were locked down Monday while authorities investigated possible sightings of Stephens. But they said there was no sign he was actually there.

Some of those who know Stephens described him as pleasant and kind, while some said he had a gambling problem. He filed for bankruptcy two years ago.

Godwin's daughter said he was killed while collecting cans in a plastic shopping bag.

"Not because he needed the money, it was just something he did," said 52-year-old Debbie Godwin. "That's all he was doing. He wasn't harming anyone."

She said her father, who had 10 children, was a gentle man.

In the shooting video, Stephens told Godwin a woman's name and said, "She's the reason that this is about to happen to you." The victim did not seem to recognize the woman's name.

The woman Stephens spoke of, Joy Lane, said in a text to CBS that "we had been in a relationship for several years. I am sorry that all of this has happened."

THE ASSOCIATED PRESS

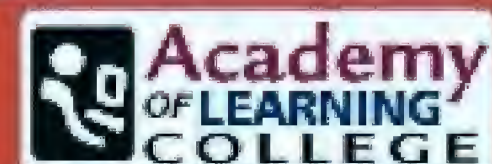
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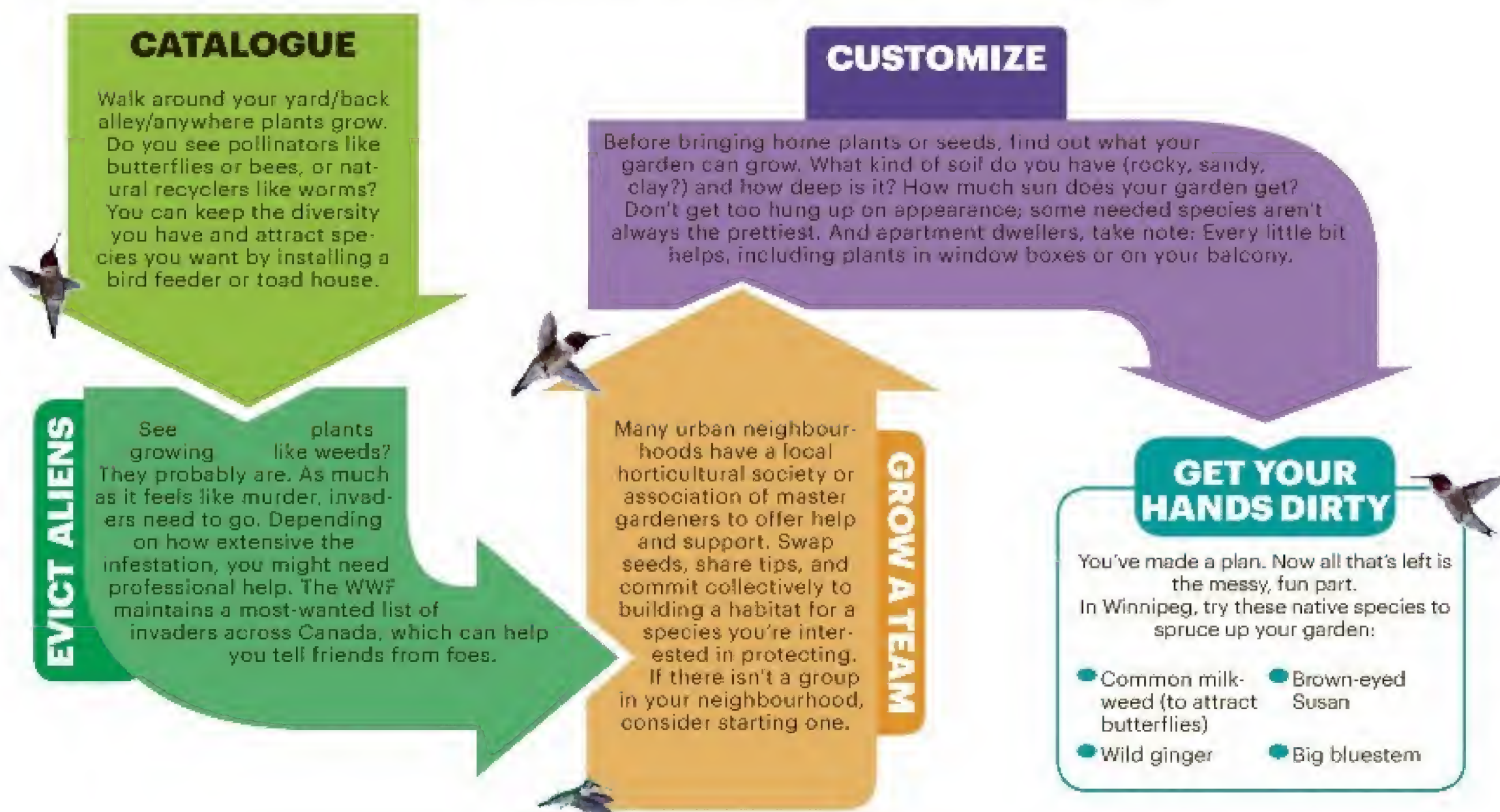
Stephen Anthony

BLUEPRINT by Genna Buck/Metro

Turn your 'hood into a habitat

Cities are awesome places for people, but we share them with animals and plants — and we've been bad neighbours. Two-thirds of the Earth's wildlife has disappeared since 1970, according to the World Wildlife Fund, and urbanization is a big culprit. The situation is far from hopeless, however.

Here's how you can turn your garden, and your whole neighbourhood, into a place native plants and animals can really dig.



PUBLIC WORKS The week in urbanism



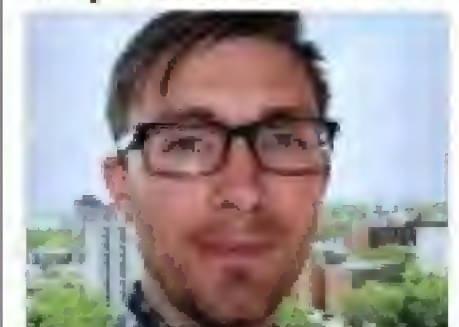
SACRED SUDS

Pope Francis has opened a free laundromat in Rome as a service for the city's homeless. The spot offers the basics, from washers and dryers to irons and detergent. It's part of a series of initiatives, including barbershops and showers, the pontiff has launched to help people on society's margins.

PEOPLE POWER

In San Francisco, citizens fed up waiting for city hall to step in added pylons and planters to an intersection to force cars to slow down when turning corners.

CITY CHAMP Metro's Citybuilder of the week



Paul Bell, a Winnipeg-based urban planning student, just helped launch a weekly meet-up called Urban Brew, where anyone with thoughts on cities can chat urbanism over pints. @iampaulbell

WORD ON THE STREET by Wanyee Li/Metro

Cities are hiring masters of disaster to tackle tomorrow's troubles



Katie McPherson is one of four chief resilience officers in Canada. VANCOUVER.CA

Four Canadian cities have appointed chief resilience officers, or plan to, this year after making it into the 100 Resilient Cities Network, a project funded by the Rockefeller Foundation.

Vancouver, Calgary, Toronto, and Montreal will have access to millions of dollars worth of support and funding that aims to help urban areas deal with shocks such as natural disasters as well as growing pressures like poverty and

transit vulnerabilities.

The CRO will be in charge of co-ordinating resources and carrying out a resiliency strategy unique to each region.

"We're looking for a respected person who gets the fact that the solutions to these problems are going to come from collaboration," Toronto Mayor John Tory told Metro when that city was announced as a recipient last spring.

Resiliency priorities will be different for every city.

In Vancouver, officials have said housing affordability is on the agenda while Toronto has already pointed to congestion as one of the issues it plans to tackle.

Both Calgary and Montreal say their resiliency strategies will focus on protecting residents from extreme weather events such as the 2013 Calgary flood.

Vancouver, Calgary and Montreal have already appointed their CROs, all of which are existing civil

servants, including Katie McPherson, Vancouver's manager of emergency management and Calgary's Brad Stevens, the deputy city manager.

Toronto says it plans to fill the two-year position by September.

McPherson says the position will help Vancouver "elevate and share" existing work. It also allows cities to "achieve big pieces of work that we can't do alone," she said when Vancouver announced her appointment.

URBAN DICTIONARY



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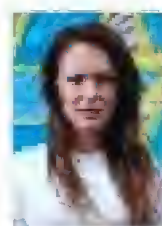
Where Canadian film is headed

It's Canadian Film Day on Wednesday, a time to celebrate our filmmakers and have a hard look at our home-grown industry. We asked some of our brightest: What is the future of the biz? From Bonavista to Vancouver Island, from the Arctic Circle to the Great Lakes, here are their thoughts. **RICHARD CROUSE/FOR METRO**



Very targeted content on digital platforms

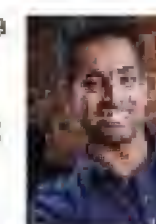
"One thing for sure is on-demand and very targeted content," says director April Mullen on the future of CanCon film. "Basically, audiences are dictating on which platform they want to consume content." Mullen, whose film *Below Her Mouth* hits theatres and VOD simultaneously on April 28, says while digital platforms are "not as profitable as I'm sure they might be in the future," she adds that, "there's always room for innovative content, in all forms, and so much is possible for storytellers to breakthrough with the technology available nowadays."



The rise of VOD

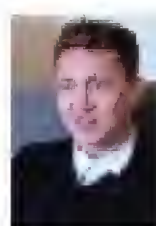
"Filmmakers need to abandon the idea of, 'I want my film in the cinema,'" said Amal director **Richie Mehta**. "Now I'm very comfortable if I make a film and it goes straight to VOD."

Mehta notes the scope of Canadian film has expanded. Globalization and the accessibility offered by VOD technology has created a borderless audience for our films. "I'm not sure that people around the world know they are watching Canadian films. Which is kind of interesting because people are watching them."



Films on our own terms

Along with a changing distribution system comes a new attitude expressed by Montreal-born director **Joey Klein**, whose film *The Other Half* starring Tatiana Maslany was released earlier this year. "People are making films more on their own terms now; less about the idea of what a movie should be per our neighbours to the south, and more what a film could be given the resources we have."



More and better streaming options

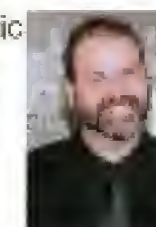
"The future," says John Barnard, a Winnipeg-based director, "holds the possibility for more and better streaming options that pay for content and are reliable enough to be bankable. People have been saying this for years but now everyone actually has the box attached to their TV." *Menorca* makes its Winnipeg debut at Cinematheque this Thursday at 7 p.m. Barnard (centre) and Tammy Gillis (left), who stars in the mostly-Winnipeg cast flick, will be there. You can also catch one of the *Menorca* screenings until Sunday, April 30.



New metrics for success

Streaming and VOD can expose domestic films to potential new audiences here in Canada and worldwide, offering up new metrics in determining a movie's commercial value.

"At an information session this month, Telefilm staff said they will be placing less emphasis on box office as a measure of success," said Maritime filmmaker **Thom Fitzgerald** who directed *Cloudburst*, a 2013 dramedy about an elderly lesbian American couple who move to Canada to get married.



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Toronto sellouts are ready to be on the move

HOUSING

Homeowners are moving in the face of uncertainty

Sarah Blakely recalls feeling some trepidation when she and her husband shelled out more than \$300,000 for a modest 1 1/2-storey house in a less-desirable part of Toronto.

Seven years later, they found themselves on the right side of a hot housing market, with values tripling in a 'hood suddenly considered up-and-coming for young families seeking detached homes.

They recently sold that renovated three-bedroom for more than \$1 million and now expect to live mortgage-free in a four-bedroom purchase in their hometown of Ottawa.

The 34-year-old Blakely says it made sense to cash out of a city that was draining their finances,

energy and family time.

"My husband and I saw an opportunity to take advantage of the recent gains in real estate and to move to a less expensive city to live mortgage-free, support our savings for retirement and also to be closer to family," says Blakely, whose new home has nearly twice the square footage.

Other buyers are looking even farther afield, outside of Ontario. It's part of a growing trend of families moving far away from their too-hot housing markets — one that real estate agents in places like the Maritimes are looking to capitalize on.

Remember that relatively inexpensive Nova Scotia mansion that dominated Facebook last month? Agent Wanda Graves of Eastern Valley Real Estate says it's sparked more inquiries from Ontario, Manitoba, Alberta and B.C. house hunters suddenly hip to Eastern Canada's charms.

Nova Scotia sellers are taking notice, and are marketing to out-of-province buyers now

considered increasingly likely to make an offer.

"They know that there are buyers out there and now it's, 'How do we reach them?'" says Graves.

Before selling for \$455,000, the mansion in Newport Landing, N.S., drew more than one million views on her company's website and 36,000 shares on Facebook.

It's a story Vancouver real estate agent Melissa Wu knows well.

Years of record-setting sales saw Vancouver homeowners cash out for smaller markets with more space.

But that changed after the B.C. government introduced a 15 per cent foreign buyers' tax last summer, which Wu says especially soured interest in west Vancouver luxury homes priced at more than \$4 million.

She advises Toronto homeowners thinking of selling to take advantage while they can.

"There's always a shift coming in," she says of this hot market.



Sarah Blakely and family. CP

"Sell before it corrects."

Many buyers and sellers are waiting to see what will come of today's scheduled meeting between Finance Minister Bill Morneau, Ontario Finance Minister Charles Sousa and Toronto Mayor John Tory, who are expected to discuss ways to rein in Toronto's hot housing market.

"Buyers have been in such a stressful situation ... they think somebody is going to save them," says Blakely's agent Josie Stern. THE CANADIAN PRESS

ROMANCE

Are you an online dating app VIP?

Most online daters don't need another reason to feel unwanted in the demoralizing world of mobile courtship.

But now there's a secret stem of invite-only apps the dating majority aren't allowed to join.

Tinder Select, Bumble VIBee, Luxy and Raya are the cafeteria mean girls in the high school of online dating. They operate under exclusive and exclusionary language — their members are VIPs and among the "select" few — because these aren't regular dating apps, these are cool dating apps.

"It's almost like being granted admission into a secret club," says tech analyst Carmi Levy in London, Ont. "No one quite knows what criteria are being used to decide when that door will swing open, but we all secretly hope that we'll be at the front of the line when that actually happens. So we continue to log in and we continue to do the things that will advance us to the front of that line."

But what will advance users isn't clear, especially where Tinder and Bumble are concerned,

since spokespeople refuse to comment.

Some speculate that Tinder's means of selection might be through the elusive "Elo Score" ranking of a user's "desirability," which CEO Sean Rad told magazine Fast Company does not factor in physical attractiveness or how many swipes right (thumbs up) a user receives.

"It's very complicated," he said. "It took us two-and-a-half months just to build the algorithm because a lot of factors go into it."

There's even an exclusive celebs-only dating app, Musician John Mayer said he doesn't go out much but does "fiddle around on an exclusive dating app," though said app goes unnamed, as it does in The Girl with the Lower Back Tattoo, comedian Amy Schumer's 2016 memoir. It was later outed by frank tweeter-model Chrissy Teigen: "it's called Raya," she wrote in July.

Raya, for people in "creative industries," asks users to submit an application to join its dating circle where it's all about who you know. THE CANADIAN PRESS

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Young designers can unlock their creativity this summer

Red River College (RRC) is running a unique new kids' camp this summer that's perfect for budding designers who like to draw, design and create new things.

The Kids Design Camp runs July 10-14 and July 17-21 in the RRC's professional design classroom at Roblin Centre and will see campers get the chance to design their own product or living space — tracing the path from concept to drawing board to production — under the guidance of design professionals with years of experience in the business.

"At Red River College Design Camp this summer, kids will come together and explore how to develop their ideas into plans, models and products," explains Josephine Pulver, who teaches space planning, drawing and layout presentation and computer-aided design at RRC's Residential Decorating program, and is one of two instructors at the camp. "It is a wonderful way to encourage kids to discover their creative potential."

Pulver is also the principal designer with Josephine Designs and brings experience and broad knowledge from her work on projects

IT IS A POSITIVE ENVIRONMENT FOR COLLABORATION, KIDS WORKING WITH KIDS — AND BEST OF ALL, IT'S FUN!

— James Culleton

spanning residential, commercial, retail and office design.

Joining Pulver in the classroom is James Culleton, a multifaceted designer who uses his skills as a painter, sculptor and musician to feed his passion for creativity. He teaches design at RRC, has published three books of his drawings, and has picked up several awards, including the Conseil des arts et des lettres du Quebec, EQ3's Generation Art from the Michaelle Jean Foundation, and most recently the pinnacle award from The American Society of Furniture Designers. Known for his use of blind contour drawing, Culleton's work can be seen all over Winnipeg, most notably, the façade of the West End Cultural Centre.



ISTOCK

"The camp is the place for kids to unlock their creativity," says Culleton. "It's a positive environment for collaboration, kids working with kids — and best of all, it's fun!"

The camps are for children 10 to 14 years

old and both run from 9 a.m. to 4 p.m., with drop-offs at 8:30 a.m. and pick-ups by 4:30 p.m.

For more information go to rrc.ca/summercamps.



 RED RIVER COLLEGE

Give them a new perspective this summer

Explore Red River College's Culinary and Design camps for kids aged 10 to 14.

Kids Cook@RRC pairs budding chefs with our culinary experts, to explore recipes, healthy eating and kitchen safety skills.

Our Design Camp gives children the chance to conceptualize their own product or living space, while learning from local designers.

Spots fill up fast – register today.

For more information and to register:

204.632.2191 | cde@rrc.ca | rrc.ca/summercamps

Master your athletic skills with country's top coaches

With national level coaches and athletes running the University of Winnipeg's Wesmen camps at the school's high-end athletic facilities, young athletes of all ability levels can have fun while learning and improving their skills this summer.

The week-long camps include basketball, women's volleyball and soccer, and a multisport option that touches on a variety of sports and activities. All camp sessions are run out of the U of W's Duckworth Centre and the Axworthy Health and Recplex for kids in Grades 1-12 throughout the summer.

This year's list of coaches include Diane Scott, who has been a head coach at the U SPORTS level for 22 years and is a former member of the Canadian national volleyball team; Mike Raimbault, who has coached men's basketball for several years and is coaching the North American Indigenous Games team this year; Tanya McKay, a member of the Basketball Manitoba Hall of Fame and women's basketball coach with 21 years experience coaching at the U SPORTS level; and Amy Anderson, a U of W women's soccer coach who previously played

professionally in England.

"You're getting elite coaching from some of the best coaches in the country and around the world," says the U of W's associate athletic director, Tom Nicholson, adding the camps offer a ratio of six kids for one coach. "We've got some high-end instructors who are the head camp instructors, and then we bring in our Wesmen athletes to coach the hands-on portions of the camps."

"It improves our players because they can learn more about the game through coaching, and can share their knowledge with the young up-and-comers."

The camps run the first three weeks of July before taking a break as the U of W's facilities are used as a venue for wrestling, volleyball, and basketball during the 2017 Canada Summer Games. The camps start back up again Aug. 15 and run through till the end of summer.

For the second straight summer, additional outreach camps for volleyball and basketball will also be held in Kenora, Ont., says Nicholson.

For more information on the camps, go to wesmen.ca.



PHOTOS BY KELLY MORTON

THE UNIVERSITY OF WINNIPEG WESMEN

SPORT CAMPS

SUMMER 2017

- Weeklong Camps in July and August
- Boys and Girls Grades 1-12
- Basketball (Boy's and Girl's), Volleyball and Soccer (Girl's)
- Steve Nash Youth Basketball Program
- Kenora Outreach Camps (Volleyball & Basketball Camps)
- All Winnipeg Sessions Take Place at the Duckworth Centre and Axworthy Rec Plex on the campus of the University of Winnipeg
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Massage therapy is a growing field with plenty of opportunities to build a career with job security, flexible hours, adaptability and the chance to become self-employed.

"These are just a few of the many perks of becoming a massage therapist," says Shane Parrington RMT, W.C Sp (MT), public relations/volunteer coordinator at Wellington College.

Wellington College offers a two-year, full-time program dedicated to the study of massage for both relaxation and therapeutic purposes, designed to open the door to take advantage of the variety of career options available in this field.

Through the two-year program, students will study remedial massage therapy, and both theoretical study and practical experience.

Students participate in classes from Monday

to Friday, from 8:15 a.m. to 4:20 p.m., plus a required one evening of clinical experience per week. The program consists of 40 weeks of study per year, averaging a total of 36 hours per week. Classes begin in mid-August and wraps up at the end of June.

"It is suggested that students be willing to devote one to two hours per day to studying outside regularly scheduled classes," says Parrington. "The college also recommends students perform a minimum of three massages a week outside regularly scheduled classes."

Although the schedule may seem intense, Parrington says the benefits are also great.

"The reward of the two-year full-time program is students are done their field of study in two years as opposed to four to six years at university," says Parrington.



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Year 1 is dedicated to establishing a foundation in massage, with relaxation as a focus. Year 2 builds on this groundwork with the assessment and treatment of musculoskeletal dysfunctions.

"With a three-week job practicum in place for full-time Year 2 students, they could possibly have a job ready right after graduation."

Wellington also offers an on-campus student

clinic and on-campus and off-campus outreach program for students to enhance and incorporate their skills. Upon graduation, they also offer alumni support and continuing education.

To learn more, the next info session will be held Sunday, May 28. Contact Wellington College at 204-957-2402, email info@wellingtoncollege.com, or visit wellingtoncollege.com for more information.



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Take a break from deepening your tan to deepen your knowledge and get ahead of the game this summer

Enter into the workforce sooner by registering for a wide variety of summer courses at Robertson College

With summer around the corner, most people are looking forward to fun in the sun, with vacations and special events.

But for the real go-getter, heading back to school during the summer can offer a number of advantages that can get them ahead of the competition.

At Robertson College, there are a number of programs starting this summer that will have potential students finishing by the end of the year — and ready for the workforce by the new year (or sooner).

"You will finish, graduate and enter the work force (earning a salary and seniority/experience) when other students enrolled in part-time programs are still working on completion of their studies," says Amanda Young, faculty head of health at Robertson College.

Robertson College has multiple intakes for business, technology and health-care programs.

"We will help students choose the right career path, explore funding options, and provide lifetime career search services," says Young. "Condensed curriculum and hands-on training will get you ready for the workforce prior to Christmas."

CONDENSED CURRICULUM AND HANDS ON TRAINING WILL GET YOU READY FOR THE WORKFORCE PRIOR TO CHRISTMAS.

— Amanda Young

Although summer is usually seen as a time for school to be on a break, there are plenty of other advantages to breaking this traditional view of school. For one, better weather means more flexibility in getting to and from school each day.

Waiting for public transit, walking, biking and even driving are far less stressful when weather is not an issue.

Going to school in the summer can also mean better availability in programs.

"Many students prefer to study in the fall and for that reason, classes fill up a lot quicker," says Young. "Better chances of smaller class sizing."

And since you are already on campus for school, it makes it easier to head out and enjoy the great events taking place around the college in the summer.

"Robertson College is in the heart of the Winnipeg Exchange and festivals such as Fringe & Jazz Festival, Manitoba Electronic Music Exhibition (MEME) Festival, Culture Days, etc, take place in the area," says Young.

This offers music, theater and performances throughout the day and evening, as well as a variety of food options and street vendors that fall/winter students may not have access to during their semesters.

But Young says the biggest benefit of all is the ability to graduate off-season, increasing your opportunity for employment.

"The sooner you begin your studies, the sooner you achieve your career and education goals," says Young.

For more information about how to get started in one of Robertson College's summer programs, visit robertson-college.com/campuses/winnipeg.



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All aboard! Launch your career riding the rails

Now is a great time to get your career on track through the railway conductor program at Red River College.

"After a slowdown in the industry, the railways are growing again and as a result hiring conductors," says Bruce Bishop, program manager, Industry and Transportation, RRC.

"And with the pending retirement of baby boomers that all industries are facing, the time is now."

The RRC railway conductor program is the only college program in Canada accredited by the Railway Association of Canada.

Students in the 15-week program will gain knowledge in safety, business, communications and wellness with the management of trains, including switching and marshalling cars, transporting dangerous goods, performing inspections, copying authorities and keeping records, all within the context of the Canadian rail operating rules and railway general operating instructions.

Students will perform the functions of a railway conductor, including performing shop track brake tests on locomotives, applying hand brakes on stationary and moving

WHAT OTHER COURSE CAN YOU JUMP ON A TRAIN AND DO THE WORK THAT NEEDS TO BE DONE ON THE TRAIN?

— Clark Bodoano, graduate of RRC

equipment, switching cars from one track to another, sequencing cars and other routine activities.

"What other course can you jump on a train and do the work that needs to be done on the train?" says Clark Bodoano, a graduate of RRC.

"Not too many courses offer that hands-on learning and training."

As a pre-employment training program, this program is designed for those who want to improve their opportunity to secure an interview.

"In most cases, the railways come to RRC and interview our graduating students," says Bishop.

Students who want to increase the likelihood of passing the internal training pro-



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grams — the program has been designed and developed in co-operation with the railway industry, under the guidance of representatives from railway companies in Canada.

After achieving conductor designation, graduates may find employment opportunities at Canada's two main railways, as well as more opportunities available as

locomotive engineers, yardmasters, switch tenders and management jobs.

The next start dates are May 29 and September 11, 2017.

To find out more on the railway conductor program, attend one of the upcoming info sessions on April 19, 26, and May 3 and 10.

For more information, visit rrc.ca/rai.


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Open the door to a bright future through networking

A good resumé is like a golden ticket to your dream job.

Without one, your skills, experience and qualifications might go unnoticed by those you are hoping to impress.

Through the Resume Hub event offered through Professional, Applied and Continuing Education at University of Winnipeg (PACE), students will have the chance to meet one-on-one with recognized industry professionals and get feedback on their resúmes.

"In a tight job market for new professionals, a strong resumé can open doors, which might otherwise be closed to new graduates," says Mekala Wickramasinghe, student life and engagement coordinator at PACE.

"So an event like this will give the opportunity to students to get feedback from many professionals at once, and get to know more about potential employers from the employees who are currently working."

The event has been designed for full time PACE students, established alumni and industry experts and is part of student life industry networking component.

Students will move round-robin across multiple stations, where they will have 10 minutes with each professional.

So a student will be able to get resumé feedback from at least five different profes-

sionals, and network with 15 to 20 professionals.

"This event helps students get tangible industry networking experience — we ask students to network, network and network," says Wickramasinghe.

"Rather than just giving advice, we have created an opportunity for them to experience networking with a wonderful mix of professionals from various different organizational in Manitoba."

PACE also will set up advising tables with new established graduates.

"They will share some great tips that help them in successfully landing jobs upon graduating," says Wickramasinghe.

"We hope to bring great role models in the industry to this event," says Wickramasinghe.

"If you are an industry expert who would like to foster up-and-coming talent, this event is something you should not miss."

The large Resume Hub events will happen in September and November and each event will have students from multiple programs.

These will replace the smaller resumé hub events that took place more frequently throughout the year.

For more information about the Resume Hub events or PACE, visit pace.uwinnipeg.ca.

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As you're interacting with patients, you'll also help educate them on oral hygiene and care — helping them maintain important oral health.

Organizational skills are a must too. Admin-



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istration will be part of your job, including keeping accurate and detailed patient records.

If this sounds like a great new career path for you, start with a reputable educational program. CDI College's Intra Oral Dental Assistant diploma program will give you the specialized skills and knowledge you'll need to succeed in this rewarding field.

After you graduate, if you're looking to expand your skill set with the potential to earn more, you can also take the Preventative Dentistry Scaling program.

For more information about the Intra Oral Dental Assistant program at CDI College, call 1-800-360-7186 or visit dentalssisting.cdicollege.ca.

Find balance and reconnect with your inner self through meditation

Those interested in making meditation practice part of their lives will have the opportunity to get started when The Science of Stillness master classes are facilitated on April 29, 30 and May 1.

"The master classes are prerecorded and presented online by the global guide for Heartfulness, Kamlesh D. Patel, known as Daaji," says Christine Prislund, who has been practicing and training others in Heartfulness meditation for 45 years. "Meditation is a way of developing a relationship with our higher self and that in turn helps to balance our lives. We are all rushing around like crazy but a few minutes a day can change your life."

Presented by the Heartfulness Institute, a non-profit, charitable organization that facilitates meditation workshops, the master classes will teach Heartfulness meditation. What makes Heartfulness meditation unique, says Prislund, is emphasis on yogic transmission, which helps the spiritual practitioner go deeper into meditation, and has its roots in the Sahaj Marg system.

While the classes will be accessible from anywhere, Prislund says people will also have the opportunity to get together with meditation trainers in designated public locations to



ISTOCK

view them together.

"The advantage of attending the classes is that you can really enhance the experience by being with others," she says. "Making a connection with something so deep in yourself while others are doing the same is a beautiful experience."

Classes are free and registration at heartfulness.org/masterclass is suggested.

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The Science of Stillness



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Saturday, 29 April

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Masterclass 2

Sunday, 30 April

Rejuvenate. Simplify.

Venue: Pembina Trail Public Library

2724 Pembina Hwy

Session time: 1:30 pm and 3 pm

Masterclass 3

Monday, 1 May

Connect. With your inner self.

Venue: Louis Riel Public Library

1168 Dakota Street

Session time: 11 am, 1 pm and 3 pm



RSVP: Spot registration, Email: winnipeg.mb@heartfulness.org

Call local Heartfulness Volunteers:

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To produce and distribute a product, a plan needs to be in place, from procurement, through manufacturing, to delivery.

The coordination of these processes is known as the "supply chain", and is vital to an organization's competitive advantage.

An individual involved in supply chain management is responsible for managing the flow of products through the supply chain from start to finish.

The supply chain management and logistics program at Herzing College has been designed for anyone who is looking to obtain steady employment in one of the fastest growing sectors in Canada.

"This program, in partnership with the Supply Chain Management Association of Manitoba (SCMAM), examines each stage of the supply chain and prepares students



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with the knowledge and practical skills required for entry level positions in supply chain management," says Kerry Swanson, campus president, Herzing College,

Winnipeg Campus.

Areas of study in this program include logistics, marketing, operations, procurement, transportation, negotiation skills

and business planning.

Upon completion of this program, students will receive the SCMAM Diploma in Supply Chain Management, which is the most recognized credential one can obtain in Manitoba.

Individuals who complete this course can seek employment in areas such as procurement or purchasing, warehouse logistics or solutions, transportation (air, rail, ocean and ground) and operations.

The program runs for 12 months, which includes a six-week internship.

Students can start at any time through the year, as start dates are set every four to six weeks.

This program is also being offered in the Flex-Ed program format.

"The Flex-Ed program format is a convenient online learning environment with the option to work at the campus and receive support from an instructor," says Swanson.

"Students can choose to work completely or partially online and come to the campus during set hours each day to meet with an instructor and use our facilities."

For more information, visit herzing.ca/winnipeg.

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BOSTON MARATHON KENYA'S KIRUI, KIPLAGAT RACE TO GLORY Geoffrey Kirui crosses the finish line to win the 121st Boston Marathon on Monday. The Kenyan runner pulled away from American Galen Rupp with about two miles to go to win in a time of two hours, nine minutes, 37 seconds. Kenyan policewoman Edna Kiplagat won the women's race in 2:21:52.

ELISE AMENDOLA/THE ASSOCIATED PRESS

Brooms closing in on Jackets and Wild

NHL PLAYOFFS

Columbus and Minnesota quickly pushed to the brink

The Columbus Blue Jackets scored more goals in the first six minutes of Sunday's game than in their first two playoff games combined. That still wasn't enough to slow down the Pittsburgh Penguins, who dealt the Blue Jackets a third straight playoff loss and put them on the brink of elimination.

Now the Blue Jackets, whose best season in franchise history included a 16-game winning streak, will try to get a win at home on Tuesday night to avoid being swept out of the first-round series by the defending Stanley Cup champions. An overtime goal by 22-year-old

rookie Jake Guentzel — set up by some deft puck-handling behind the net by Sidney Crosby — was the latest dagger. Guentzel had a hat trick in the 5-4 Pittsburgh win Sunday.

Columbus isn't the only team in trouble. The Minnesota Wild, who had a 12-game winning streak this season, are down 0-3 to the surprising St. Louis Blues.

Minnesota has outshot St. Louis 117-79, killed off eight of nine power plays but has never led. Game 4 is Wednesday at St. Louis, whose goaltender, Jake Allen, has a .974 save percentage and 0.91 goals-against average after being 3-5 with a .902 and 2.29 in his playoff career coming in.

Columbus outshot Pittsburgh in their first two playoff games, and the Blue Jackets had chances to win all three. Veteran goaltender Marc-Andre Fleury, replacing injured starter Matt Murray, has been sharp for the Penguins and made a critical



The Blue Jackets will fight to stay alive without star rookie Zach Werenski, who fractured a cheekbone. @ZACHWERENSKI/TWITTER

mask save of a potential game-winning Brandon Dubinsky shot in overtime Sunday.

"We've played good hockey, and it's unfortunate we've put ourselves in this situation," Blue Jackets captain Nick Foligno said Monday. "There's pressure, but we know what

we're facing. We've got a chance to just go out there and try to make a series of this."

Columbus will be without sensational rookie defender Zach Werenski, who was lost for the year after taking a Phil Kessel shot to the face Sunday. He suffered a fractured cheekbone.

But the Blue Jackets will get forward Matt Calvert back for Game 4 (7:30 p.m. EDT, Sportsnet 360). Calvert sat in the press box Sunday night, serving a one-game penalty for breaking a stick over the back of Pittsburgh's Tom Kuhnhackl and then decking him after the game was out of reach Friday night. Calvert didn't want to talk about the play Monday, but he did say it wasn't payback for anything that happened in the game. THE ASSOCIATED PRESS

Go to [metronews.ca](#) for more playoff coverage.

NBA PLAYOFFS

Thomas to mourn between games

Celtics coach Brad Stevens says Isaiah Thomas plans to play in Game 2 Tuesday night against the Chicago Bulls, then head to Washington state to be with his family and help complete funeral arrangements for his sister.

Thomas attended the team's film session and short walk-through Monday, but did not speak with the media. Stevens says that after services for Thomas's sister, the star guard intends to rejoin the team Friday for Game 3 in Chicago. The coach adds that

all plans are subject to change depending on how Thomas feels.

Chyna Thomas died early Saturday in a one-car accident outside Tacoma, Wash. No funeral date is set, and Stevens says the Celtics organization hopes to attend. Boston lost the opener of the seven-game series 106-102 on Monday.

“They care about one another and they support one another. That’s what you hope you have in a team.”

Celtics coach Brad Stevens

Celtics guard Avery Bradley said Thomas played admirably, scoring 33 points to go with six assists and five rebounds after an unsteady beginning.

THE ASSOCIATED PRESS

CURLING

Jones tops Sweeting in Players' final

Make it six Players' Championship titles for Jennifer Jones.

The Winnipeg skip downed Edmonton's Val Sweeting 8-4 on Sunday in Toronto to capture the Players' Championship for the sixth time in her career.

"It's amazing," said Jones. "We were a little bit disappointed not being at the Scotties and we really focused on playing well here, so to come and win the event, it's great."

Jones has also won the Grand Slam of Curling event in 2006,

+ MEN'S CHAMP

On the men's side Sweden's Niklas Edin downed Winnipeg's Mike McEwen 5-3.

2007, 2009, 2011 and 2014.

Sweeting, however, won the women's Rogers Grand Slam Cup for being the season's point leader on the Tour.

THE CANADIAN PRESS

IN BRIEF

Benintendi lifts Red Sox to a series victory over Rays

Andrew Benintendi hit a go-ahead, two-run single as Boston scored three unearned runs following a dropped throw by second baseman Brad Miller, and the Red Sox beat the Tampa Bay Rays 4-3 on Monday in the annual Patriots' Day game.

Benintendi had three singles in the 11:05 a.m. start, which coincides with the Boston Marathon, and the Red Sox won their third straight after losing the opener of the four-game series. THE ASSOCIATED PRESS

Colts' Luck taking it easy after shoulder surgery

Andrew Luck isn't sure when he'll start throwing again and won't set a timetable for his return from shoulder surgery.

The Indianapolis Colts held their first official team activities Monday, and for the first time Luck acknowledged that his injury problems began during a Week 3 contest at Tennessee in 2015.

After that season, the starting quarterback said he decided to undergo rehab rather than opt for surgery. THE ASSOCIATED PRESS

MAKE IT TODAY

Spicy Apple Ginger Milkshake



PHOTO: MARIA VIENTER

Ceri Marsh & Laura Keogh
For Metro Canada

- 1 Tbsp pumpkin butter
- 1/2 tsp fresh, grated ginger
- 1 Gala Apple, cut into slices
- 1 tsp maple syrup

Directions

1. Place milk, yogurt, pumpkin butter, maple syrup and apple into a blender and then pulse until apple is finely blended. Add ginger and pulse until blended. Pour and serve.

FOR MORE MEAL IDEAS, VISIT
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Wake up to the smoothie equivalent of a piece of sweet and spicy apple pie.

Ready in 5 minutes

Prep time: 5 minutes
Serves 2

Ingredients

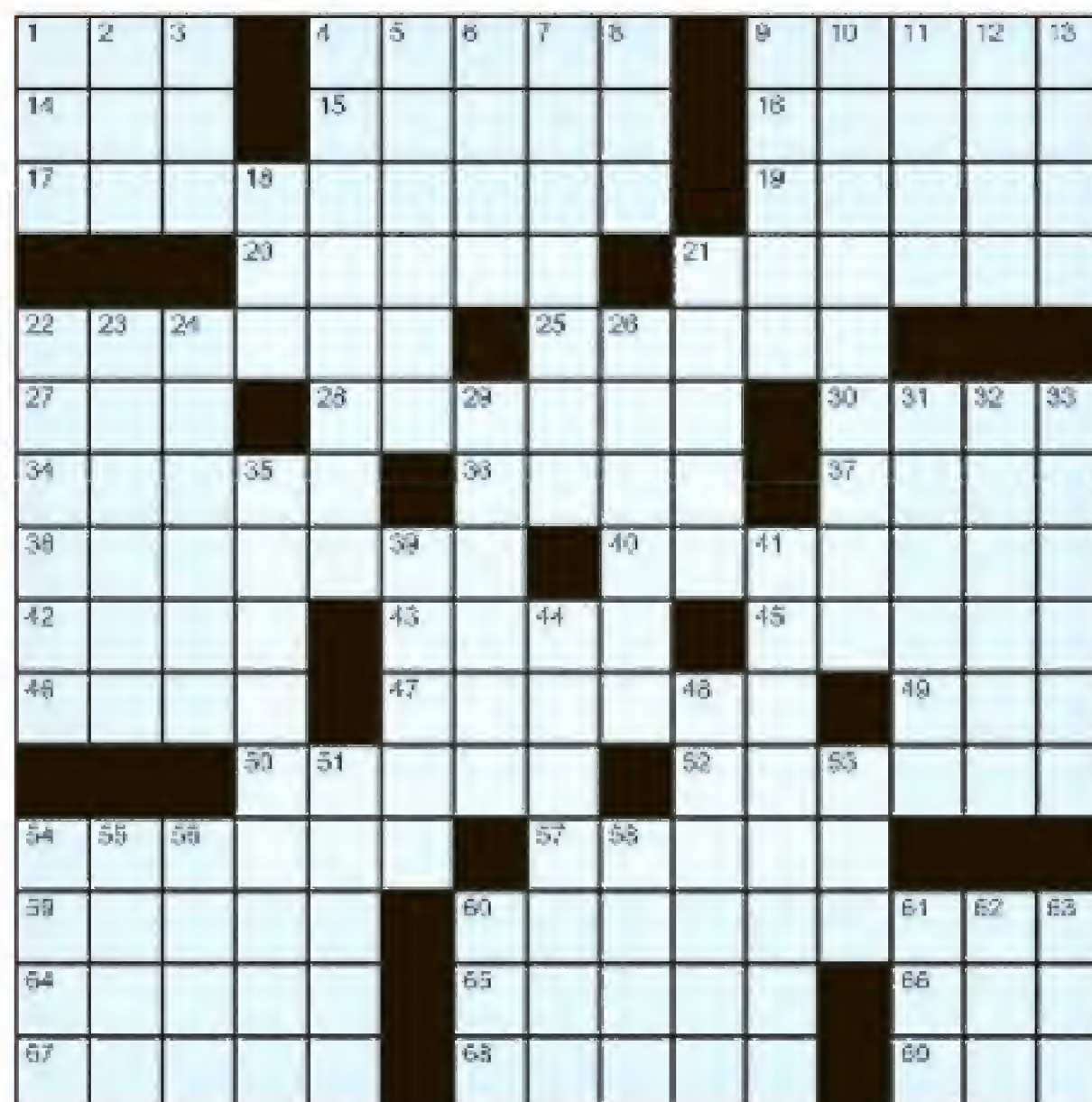
- 1 1/2 cup milk
- 1/2 cup Greek yogurt

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. _ excellence
4. Sea _ (Furry aquatic animal)
9. Hawk's swift descent
14. Alleyway creature
15. Switzerland's variant-spelled capital city
16. Boldness
17. The Alberta town of Vegreville is home to the world's largest what?; 2 wds.
19. Mary-Kate _
20. Gastric trouble
21. : ...and : : :
22. Taxi driver
25. Diminish
27. Garlic, in a Quebec City restaurant
28. Almond fragment
30. Wild guess
34. Looseness in the line
36. _ tide
37. Volcanic flow
38. _ spray can
40. Recorded, as a wedding
42. Traffic jam sound!
43. Quote
45. Looking at
46. Mr. Warhol
47. Newspaper magnate, William Randolph _ (b.1863 - d.1951)
49. Litigate
50. Already-shown TV show
52. One coming up with a new word, say



54. Instigate
57. Upper Fort _ (Historical site in Manitoba)
59. "The Lady in Red" by Chris de _
60. Adorned, such as the Springtime object at #17-Across
64. "My Own Pri-

- vate _" (1991)
65. Full of life
66. "The Wonder Years" actress, Olivia d'_
67. They're owed
68. Portended
69. UK network

DOWN

1. Grand-_, Nova Scotia
2. US driving org.
3. Lefts opp.
4. Pyramid-top pillars
5. Toyota model of yore

6. _-planting ceremony
7. Do a jeweller's work at times
8. Rule, for short
9. Nose-in-the-air type
10. Church- _ Village, in Toronto
11. Approximate-

- ly; 2 wds.
12. Kitchen appliance
13. Writes
18. Jacuzzi, for one
21. Wrist bones
22. Kind of melon
23. Helen, in Ireland
24. Played the radio too loudly
26. Canuck creature
29. Replacing/substituting; 2 wds.
31. The Way philosophy
32. _ Road (Toronto thoroughfare)
33. Tommy Brock, in Beatrix Potter's The Tale of Mr. Tod
35. Writer's concern
39. Rusty hue
41. Dissuaded
44. Hybrid citrus fruit
48. Endeavoured
51. Cultural standards
53. Shag rug
54. Footnote abbr.
55. Hosiery shade
56. Zodiac creature
58. _ wash jeans
60. Tap on
61. Bar bill
62. Musicals lyricist Fred
63. Grumpy's work mate

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a tricky day. You are advised to avoid a showdown with a parent, boss or authority figure. (This includes the police.) Things are too unpredictable!

Taurus April 21 - May 21
Steer clear of controversial subjects like racial issues, politics and religion, because this is a potentially explosive day. Expect travel plans to change or be canceled or delayed.

Gemini May 22 - June 21
Double-check all financial transactions related to wills, inheritances, taxes, debt and shared property. Something might be out of whack. Don't become caught off guard!

Cancer June 22 - July 23
Do not fall into intense discussions or arguments with partners or close friends today. Steer clear of these. In a nanosecond, someone might be overheated or too emotional.

Leo July 24 - Aug. 23
Be patient with co-workers today, because equipment breakdowns and delays can trigger arguments or moments of frustration. Chill out. Be supportive, no matter what happens.

Virgo Aug. 24 - Sept. 23
This is an accident-prone day for your kids so be extra vigilant. It's also a dicey day for romance, so be aware of this as well. Patience is your best virtue.

Libra Sept. 24 - Oct. 23
Small appliances might break down today, or minor breakages could occur. That's because something is going to interrupt your home routine. Be patient with family members in order to avoid

Scorpio Oct. 24 - Nov. 22
This is an accident-prone day for you, so pay attention to everything you say and do. Don't try to convince others to agree with your point of view. Easy does it.

Sagittarius Nov. 23 - Dec. 21
Something to do with your cash flow, money or possessions is unpredictable today. Make sure you know what's happening. Keep your eyes open.

Capricorn Dec. 22 - Jan. 20
Avoid arguments with others today, because this is a potentially explosive day. People are on edge. Plus, unpredictable things are happening! It's a dicey combo.

Aquarius Jan. 21 - Feb. 19
There's an undercurrent of uncertainty to whatever you do today; you can feel it. A lot of other people can feel it as well. Just be cool.

Pisces Feb. 20 - March 20
A powerful person might seek you out today and then lean on you about something. This could erupt into an argument. You don't need this, so run the other way!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	5	9	6			1	3	
		8	4	7		6	5	
				5		7		
			1	8	7			
		1				9		
6	3		9				8	
9							2	
	8	6	7				4	
			2	3			6	

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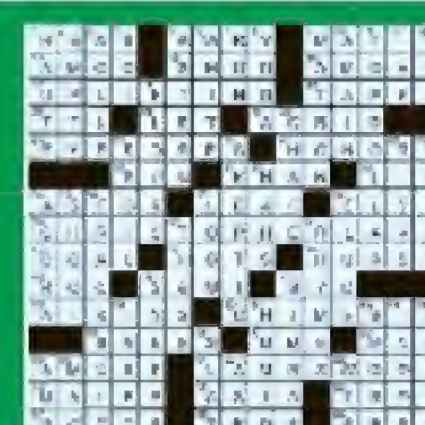
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8	1	3	4	9	5	6	7	2
7	4	2	1	6	8	5	9	3
9	6	5	2	7	3	8	1	4
1	5	6	8	2	7	4	3	9
3	9	7	6	5	4	2	8	1
4	2	8	9	3	1	7	5	6
6	3	4	7	8	9	1	2	5
2	7	9	5	1	6	3	4	8
5	8	1	3	4	2	9	6	7

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